

Mental Contamination Report

Adam S. Radomsky^{1*}, Corinna M. Elliott¹, S. Rachman², Nichole Fairbrother², and Sarah J.
Newth²

¹Department of Psychology, Concordia University

²Department of Psychology, University of British Columbia

*Corresponding author: Department of Psychology, Concordia University, 7141 Sherbrooke St.
West, Montreal, QC, H4B 1R6, Canada.

Suggested reference:

Radomsky, A.S., Elliott, C.M., Rachman, S., Fairbrother, N., & Newth, S.J. (2008). *Mental Contamination Report*. Unpublished questionnaire, Concordia University, Montreal, QC (From Elliott & Radomsky (2012)).

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Now that you have imagined yourself in that scenario, please answer the following questions about how you feel **at this moment**:

1. On a scale from 0 to 100, where 0 represents “not at all” and 100 represents “completely”, please rate the extent to which you feel:

Distressed _____ Anxious _____ Angry _____

Disgusted--by the man’s physical attributes _____

Disgusted--by the man’s behaviour, the manner in which he came to kiss you _____

Ashamed _____ Guilty _____ Humiliated _____

Afraid _____ Sad _____ Cheap _____

Sleazy _____

2. Do you feel dirty or unclean? Please rate the extent to which you feel dirty/unclean on a scale from 0 to 100.

Rating: _____

3. If you feel dirty, can you locate this feeling of dirtiness? -- Please **check** (✓) where you feel dirty:

Mouth

Arms

Tongue

Diffuse (all over)

Face

Difficult to locate

Hands

Internal

Stomach

Other _____

4. If you feel dirty, do you have an urge to do anything about this feeling of dirtiness? Please rate each urge on a scale from 0 to 100.

Rinse mouth/spit/drink something _____

Wash my face _____

Brush teeth/use mouthwash _____

Wash my hands _____

Try to think about something else _____

Take a shower _____

Other (please specify) _____

5. For the urges you endorsed in question 4, think about why you want to do this. **Check (✓)** off the statement(s) that most apply to you:

I am worried that, when I leave this room, other people will be able to tell that I feel dirty.

It would make me feel less distressed or anxious.

I am worried about spreading this dirtiness to other things or people.

It would prevent me from getting sick.

It would make me stop thinking about it.

I cannot think of a reason.

I have another reason (please specify) _____

6. How easy was it to imagine the scenario in your mind?

(0-100)_____

7. How clear/vivid was the imagined scenario?

(0-100)_____

8. How realistic was the imagined scenario?

(0-100)_____

9. Have you ever been to a party like the one described in the tape? (Circle one)

Never Rarely Sometimes Often

10. Have you ever experienced a non-consensual (i.e., forced) sexual encounter, such as a kiss?

Yes No

If so, did it occur at a party? Yes No

11. Has a friend of yours ever experienced a non-consensual (i.e., forced) sexual encounter?

Yes No

If so, did it occur at a party? Yes No

12. Have you ever witnessed a non-consensual (i.e., forced) sexual encounter, such as a kiss?

Yes No

If so, did it occur at a party? Yes No

On a scale from 0 to 100, where 0 represents “not at all” and 100 represents “completely”, please answer the following questions:

13. Based on your impression of the man in the scenario **before** you experience the kiss, how physically dirty would you say the man is?

(0-100)_____

14. Based on your impression of the man in the scenario **after** you experience the kiss, how physically dirty would you say the man is?

(0-100)_____

15. At the moment that you experience the kiss in the recording, how much would you say that you wanted the kiss to happen?

(0-100)_____

16. Do you think you did anything wrong in this situation? (0-100)_____

Why or why not?

17. Do you think the man in the scenario did anything wrong in this situation? (0-100)_____

Why or why not?

18. How responsible do you feel for the events that occurred in this situation?

(0-100)_____

19. Do you think you could have prevented this situation?

(0-100)_____

20. Would you expect this type of behaviour from this man?

(0-100)_____

21. Do you feel violated by this man’s behaviour?

(0-100)_____