

Mental Contamination: Effects of imagined physical dirt and immoral behaviour audio recording  
scripts

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*Consensual Physically Clean Condition*

Narrator: Please take a moment to make yourself comfortable in your chair. Close your eyes, relax, and take a few slow deep breaths. Slowly breathe in and out. As you exhale, allow yourself to become more and more relaxed. As I describe the scenario to you, try to imagine it as clearly and in as much detail as you are able to. I will describe slowly so that you have time to fully picture it in your mind. Try to imagine that you are the woman in the scenario and that the events I am describing are happening right now. Try not to picture yourself in the scene. Instead, try to imagine you are seeing it through your own eyes. You are at a party.

[Background music and conversation murmur sounds begin].

It is a big party and there are at least 100 people there, including some of your friends. You've come with a girlfriend who knows the host.

[Background sounds fade out].

Friend: This is going to be fun! She always throws the best parties!

[Background sounds return].

Narrator: In fact, it is a house party and you are having fun. The music is pretty loud and some people are dancing in the living room. The lights are low everywhere except in the kitchen.

Around 11 o'clock, you end up alone in the hallway with a guy you met earlier in the evening.

Man: Hey. I remember you.

Narrator: You are leaning against the wall and he is standing in front of you as you both make conversation. You have never seen him before tonight, and you think he is really cute. You're having a bit of trouble concentrating on the conversation because you're thinking of what it would be like to kiss him. Then you realize that although you have never met this guy before, you have heard about him from some of your friends. In fact, on your way to the party tonight, the friend you came with said to you [Background sounds fade out]

Friend: There may be a guy here tonight that I hope you meet. He is really attractive! I heard that he is always well dressed and wears the best smelling cologne. Now this is good – apparently he is really clean for a guy and never does disgusting things like eat food off of the ground. Seriously! You know what guys can be like! My cousin told me he saw this guy wash his hands before he ate popcorn at the movie theatre and that he doesn't burp and fart like some guys! He just sounds like a wonderful person!

[Background sounds return]

Narrator: As he's talking to you, you notice that he appears well-dressed and clean-cut, and you think about how your friend was right – he really does smell good. Gradually you and he move closer to each other. You start to get the feeling he would like to kiss you too. There is a brief pause in conversation and he leans towards you and begins to kiss you on the mouth. You return his kiss and your bodies press together. As he holds you in his arms, your back presses against the wall. It feels nice to have his mouth against yours and you notice what a good kisser he is. This is exactly the kiss you wanted to share with him. You can't help noticing that his mouth tastes fresh and his tongue feels smooth. His breath smells of mints and as you kiss you feel how soft his lips are. There is a distinct smell of cologne that you really like and his face feels smooth against your skin. You continue to kiss until someone else comes down the hallway and he stops kissing you.

[Background sounds fade out].

Before he walks away he turns to you and says

Male: I'm glad I met you. Make sure you find me later so I can get your phone number and see you again.

Narrator: The person coming down the hallway turns out to be your friend and she asks you

Friend: Wow! How did you end up kissing that guy?

[Pause in recording]

Narrator: Please take off the headphones and complete the questionnaire inside of the envelope.

*Consensual Physically Dirty Condition*

Narrator: Please take a moment to make yourself comfortable in your chair. Close your eyes, relax, and take a few slow deep breaths. Slowly breathe in and out. As you exhale, allow yourself to become more and more relaxed. As I describe the scenario to you, try to imagine it as clearly and in as much detail as you are able to. I will describe slowly so that you have time to fully picture it in your mind. Try to imagine that you are the woman in the scenario and that the events I am describing are happening right now. Try not to picture yourself in the scene. Instead, try to imagine you are seeing it through your own eyes. You are at a party.

[Background music and conversation murmur sounds begin].

It is a big party and there are at least 100 people there, including some of your friends. You've come with a girlfriend who knows the host.

[Background sounds fade out].

Friend: This is going to be fun! She always throws the best parties!

[Background sounds return].

Narrator: In fact, it is a house party and you are having fun. The music is pretty loud and some people are dancing in the living room. The lights are low everywhere except in the kitchen.

Around 11 o'clock, you end up alone in the hallway with a guy you met earlier in the evening.

Man: Hey. I remember you.

Narrator: You are leaning against the wall and he is standing in front of you as you both make conversation. You have never seen him before tonight, and you think he is really cute. You're having a bit of trouble concentrating on the conversation because you're thinking of what it would be like to kiss him. Then you realize that although you have never met this guy before, you have heard about him from some of your friends. In fact, on your way to the party tonight, the friend you came with said to you

[Background sounds fade out]

Friend: There may be a guy here tonight that I hope you don't meet. He's really gross! I heard that he often wears his socks and underwear more than once, and has food stains down the front of his shirt. Now this is really dirty – apparently he eats food off the ground and, you won't believe this, but even from the garbage. Seriously! My cousin told me he saw this guy take a bag of used popcorn out of the garbage bin at the movie theatre, then eat it! He just sounds like a really disgusting person!

[Background sounds return]

Narrator: As he's talking to you, you notice that despite what your friend said, he actually looks pretty normal, but you think about how he doesn't seem to notice how wrinkly his clothes are. Gradually you and he move closer to each other. You start to get the feeling he would like to kiss you too. There is a brief pause in conversation and he leans towards you and begins to kiss you on the mouth. You return his kiss and your bodies press together. As he holds you in his arms, your back presses against the wall. It feels nice to have his mouth against yours and you notice what a good kisser he is. This is exactly the kiss you wanted to share with him. You can't help noticing that his mouth tastes of sour beer and his tongue feels coated. His breath also smells of stale cigarettes and as you kiss you feel crumbs of food in the corners of his mouth. There is a distinct smell of bad body odor and his face feels greasy against your skin. You continue to kiss until someone else comes down the hallway and he stops kissing you.

[Background sounds fade out].

Before he walks away he turns to you and says

Male: I'm glad I met you. Make sure you find me later so I can get your phone number and see you again.

Narrator: The person coming down the hallway turns out to be your friend and she asks you

Friend: Whoa! How did you end up kissing that guy?

[Pause in recording]

Narrator: Please take off the headphones and complete the questionnaire inside of the envelope.

*Non-consensual Physically Clean Condition*

Narrator: Please take a moment to make yourself comfortable in your chair. Close your eyes, relax, and take a few slow deep breaths. Slowly breathe in and out. As you exhale, allow yourself to become more and more relaxed. As I describe the scenario to you, try to imagine it as clearly and in as much detail as you are able to. I will describe slowly so that you have time to fully picture it in your mind. Try to imagine that you are the woman in the scenario and that the events I am describing are happening right now. Try not to picture yourself in the scene. Instead, try to imagine you are seeing it through your own eyes. You are at a party.

[Background music and conversation murmur sounds begin].

It is a big party and there are at least 100 people there, including some of your friends. You've come with a girlfriend who knows the host.

[Background sounds fade out].

Friend: This is going to be fun! She always throws the best parties!

[Background sounds return].

Narrator: In fact, it is a house party and you are having fun. The music is pretty loud and some people are dancing in the living room. The lights are low everywhere except in the kitchen.

Around 11 o'clock, you end up alone in the hallway with a guy you met earlier in the evening.

Man: Hey. I remember you.

Narrator: You are leaning against the wall and he is standing in front of you as you both make conversation. You have never seen him before tonight, and you think he is really cute. You're having a bit of trouble concentrating on the conversation because you're thinking that, even though he's cute, you're not that interested in him. Then you realize that although you have never met this guy before, you have heard about him from some of your friends. In fact, on your way to the party tonight, the friend you came with said to you



[Background sounds fade out]

Friend: There may be a guy here tonight that I hope you meet. He is really attractive! I heard that he is always well dressed and wears the best smelling cologne. Now this is good – apparently he is really clean for a guy and never does disgusting things like eat food off of the ground. Seriously! You know what guys can be like! My cousin told me he saw this guy wash his hands before he ate popcorn at the movie theatre and that he doesn't burp and fart like some guys! He just sounds like a wonderful person!

[Background sounds return]

Narrator: As he's talking to you, you notice that he appears well-dressed and clean-cut, and you think about how your friend was right – he really does smell good. Gradually he moves closer to you. You get the feeling he would like to kiss you. You are not interested in him sexually, so you begin to walk away. But he grabs you and begins to kiss you on the mouth. You try to push him away, but are unable to and he presses his body against yours. As he restrains you with his hands and arms, your back presses against the wall. You feel his tongue press against your tongue and move to the back corners of your mouth. You do not want this kiss to happen. You can't help noticing that his mouth tastes fresh and his tongue feels smooth. His breath smells of mints and as you kiss you feel how soft his lips are. There is a distinct smell of cologne that you really like and his face feels smooth against your skin. He continues to kiss you aggressively, but you cannot push him off you. Eventually someone else comes down the hallway, and he stops forcefully kissing you and releases you from his grip.

[Background sounds fade out].

Before he walks away he turns to you and says

Male: I'm glad I met you. Make sure you find me later so I can get your phone number and see you again.

Narrator: The person coming down the hallway turns out to be your friend and she asks you

Friend: Wow! How did you end up kissing that guy?

[Pause in recording]

Narrator: Please take off the headphones and complete the questionnaire inside of the envelope.

*Non-consensual Physically Dirty Condition*

Narrator: Please take a moment to make yourself comfortable in your chair. Close your eyes, relax, and take a few slow deep breaths. Slowly breathe in and out. As you exhale, allow yourself to become more and more relaxed. As I describe the scenario to you, try to imagine it as clearly and in as much detail as you are able to. I will describe slowly so that you have time to fully picture it in your mind. Try to imagine that you are the woman in the scenario and that the events I am describing are happening right now. Try not to picture yourself in the scene. Instead, try to imagine you are seeing it through your own eyes. You are at a party.

[Background music and conversation murmur sounds begin].

It is a big party and there are at least 100 people there, including some of your friends. You've come with a girlfriend who knows the host. [Background sounds fade out].

Friend: This is going to be fun! She always throws the best parties!

[Background sounds return].

Narrator: In fact, it is a house party and you are having fun. The music is pretty loud and some people are dancing in the living room. The lights are low everywhere except in the kitchen.

Around 11 o'clock, you end up alone in the hallway with a guy you met earlier in the evening.

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Friend: There may be a guy here tonight that I hope you don't meet. He's really gross! I heard that he often wears his socks and underwear more than once, and has food stains down the front of his shirt. Now this is really dirty – apparently he eats food off the ground and, you won't believe this, but even from the garbage. Seriously! My cousin told me he saw this guy take a bag of used popcorn out of the garbage bin at the movie theatre, then eat it! He just sounds like a really disgusting person!

[Background sounds return]

Narrator: As he's talking to you, you notice that despite what your friend said, he actually looks pretty normal, but you think about how he doesn't seem to notice how wrinkly his clothes are. Gradually he moves closer to you. You get the feeling he would like to kiss you. You are not interested in him sexually, so you begin to walk away. But he grabs you and begins to kiss you on the mouth. You try to push him away, but are unable to and he presses his body against yours. As he restrains you with his hands and arms, your back presses against the wall. You feel his tongue press against your tongue and move to the back corners of your mouth. You do not want this kiss to happen. You can't help noticing that his mouth tastes of sour beer and his tongue feels coated. His breath also smells of stale cigarettes and as you kiss you feel crumbs of food in the corners of his mouth. There is a distinct smell of bad body odor and his face feels greasy against your skin. He continues to kiss you aggressively, but you cannot push him off you. Eventually someone else comes down the hallway, and he stops forcefully kissing you and releases you from his grip.

[Background sounds fade out].

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Friend: Whoa! How did you end up kissing that guy?

[Pause in recording]

Narrator: Please take off the headphones and complete the questionnaire inside of the envelope.