

TAAS

Please respond to the treatment that you just read about by indicating your agreement with each of the below statements.

1. If I began this treatment, I would be able to complete it.

1	2	3	4	5	6	7
Disagree strongly			Neither agree nor disagree			Agree strongly

2. If I participated in this treatment, I would be able to adhere to its requirements.

1	2	3	4	5	6	7
Disagree strongly			Neither agree nor disagree			Agree strongly

3. I would find this treatment exhausting.

1	2	3	4	5	6	7
Disagree strongly			Neither agree nor disagree			Agree strongly

4. It would be distressing to me to participate in this treatment.

1	2	3	4	5	6	7
Disagree strongly			Neither agree nor disagree			Agree strongly

5. Overall, I would find this treatment intrusive.

1	2	3	4	5	6	7
Disagree strongly			Neither agree nor disagree			Agree strongly

6. This treatment would provide effective ways to help me cope with my fear/anxiety.

1	2	3	4	5	6	7
Disagree strongly			Neither agree nor disagree			Agree strongly

7. I would prefer to try another type of psychological treatment instead of this one.

1	2	3	4	5	6	7
Disagree strongly			Neither agree nor disagree			Agree strongly

8. I would prefer to receive medication for my fear/anxiety instead of this treatment.

1	2	3	4	5	6	7
Disagree strongly			Neither agree nor disagree			Agree strongly

9. I would recommend this treatment to a friend with a similar problem (i.e. fear/anxiety).

1	2	3	4	5	6	7
Disagree strongly			Neither agree nor disagree			Agree strongly

10. If I began this treatment, I would likely drop out.

1	2	3	4	5	6	7
Disagree strongly			Neither agree nor disagree			Agree strongly